



The Columbia Connection

Vol. 2
June 2005

Hey Columbia Division!

It is summertime! The school year is out, but don't forget about service! There are tons of opportunities to do community service during the summer and this month's newsletter has many great ideas of places for you to look! Officers, be sure and encourage all your members to look for these opportunities and don't forget to start thinking about next fall!

As always, let me know if there is anything that I can help you with!

Carrie Johnson
2005-2006 Columbia Lt. Governor
KitCat5227@hotmail.com

The June 2005 PNW Post is out!

Have you seen the Post yet? The District Editor, Anne Hong, did a great job and there are many wonderful articles from district officers and clubs from other divisions. Be sure and read the articles that CWU, U of I, and WSU submitted. Way to go guys! So if you haven't seen the Post yet, you can download it at <http://post.pnwcirclek.org/june2005.pdf>.

Just as a reminder, the next Post submission deadline is July 20th!

International Speaking Newsletter

Hey club officers! The International Speaking Newsletter is a newsletter targeted at club presidents and officers. The May issue has a lot of great information from the CKI International Trustees. You can check it out at <http://www.circlek.org/circlek/lit/intlspkingmay.pdf>!

Don't forget to send in your Service Hours!

Make sure that you remind your members to document and submit summer service hours to the club secretary! If they don't have constant access to e-mail over the summer, make sure that they know to have it written down somewhere so that they can turn it in when school starts again!

Dates To Remember:

ICON:
August 10-17, 2005

PNW District K-Family Month:
November 2005

Fall Conference:
November 11-13, 2005

Community Service and Awareness Week:
February 5-11, 2006

International Service Day:
February 11, 2006

PNW Circle K District Convention: February 17-19, 2006



Visiting Your Local Kiwanis Club

One great way to find service opportunities is to connect with the local Kiwanis Club wherever you are this summer. They will be thrilled to meet you and even more thrilled to have your help at their projects. So don't be shy!



If you happen to be near your club's sponsoring Kiwanis Club, it is a great opportunity to build stronger relations with them and, if there are at least four members at a project, you guys can have an interclub even over the summer!

If you went back home and aren't sure how to get in contact with the local Kiwanis Club, check out the Kiwanis International Website! You can use the Kiwanis Club Locator at <http://www.kiwanis.org/clubloc/> to help you find out where they meet. Also, some Kiwanis Clubs will have their meeting time, place, and contact information printed in local newspapers. This is a great opportunity to let a Kiwanis Club that may never have been exposed to Circle K know what it is all about! If you need help finding a Kiwanis Club, let me know!

How do I find other Service Opportunities?

Looking for other ways you can do service this summer? One great way to help is by contacting local organizations. Organizations such as YMCA (www.ymca.net) and Boys and Girls Clubs (www.bgca.org) are going to be busy once school is out. Keep your eyes open! You will be surprised at how opportunities will come up! Check in with your local library, humane society, and other service organizations. Watch in your local newspaper for summer festivals and fairs that always need volunteers. Look around your neighborhood for people who might need help with house/yard work or even babysitting.



Motivating Members to do Summer Service

There are many ways that you can motivate your members to do summer service. One great tool is through e-mail. Find out which members are staying in the area for the summer and make sure that they have connections with your sponsoring Kiwanis Club. (Your club's Kiwanis Advisor can help you with this if you are already out of town.) For those members who are out of town for the summer, send them some ideas for things that they can do and places that they can look for service opportunities. (This is where the information above comes in handy.)



Offer prizes and recognition for those that are doing service over the summer. This is definitely something that the secretary can include in his/her reminders about submitting hours. Thank those members that are doing service and offer some sort of incentive. A free club shirt, paid dues, or a gift certificate donated by a local business are some ideas for prizes. This can be presented in the fall at your first meeting, which will also look good to perspective members.

"Health and Safety Issues: On Call for the Future"



The Circle K International Service Initiative, Focusing on the Future: Children, is designed to educate Circle K'ers about issues facing children ages 6 to 13. Each member is encouraged to participate in at least 10 hours of service related to the service initiative per year. As of April 1, 2005, the Service Initiative rotates each year between three emphasis areas: "Health and Safety Issues: On Call for the Future", "After-school Programs: Turn off TV, Turn on to Life", and "Educating Children: Open a Book, Show Them the World".

This year's emphasis is "Health and Safety Issues: On Call for the Future". Circle K Clubs are encouraged to get involved with helping children take care of themselves. Clubs are also encouraged to co-sponsor programs/events with groups on campus.

The Problem: (from the CKI Service Initiative Manual)

In the U.S. alone, nearly 8,000 children are killed and at least 50,000 are permanently disabled by preventable injuries each year. These injuries lead to 360,000 hospitalizations and 10,400,000 emergency room visits annually. Major unintentional injury risk areas are traffic injury, fire and burns, drowning, poisoning, choking, and falls.



On call
for the future

In the United Nations Children's Fund's report, The State of the World's Children, the World Health Organization reports that 250,000 of the world's young children are dying every week, and millions more are surviving in the half life of malnutrition and almost permanent ill health. The report further states that improving nutrition can increase work productivity by up to 20%.

The range of health and safety risks is varied—from gang violence to accidental poisonings, poor eating habits, malnutrition and disease due to neglect, children not wearing safety belts, malfunctioning smoke detectors in the home, bicycling without a helmet, and unfingerprinted children who are difficult to trace if missing.

Most of these health and safety risks are totally preventable. And your Circle K club can become involved in this prevention through public relations campaigns and health and safety training programs for both children and adults. By providing health and safety programs, Circle K clubs will reduce the threat of injury for some children, heighten adult awareness to some health and safety prevention strategies, and ultimately save lives.

You can check out the Circle K International Service Initiative Manual at <http://www.circlek.org/circlek/lit/05ckisim.pdf>. There are many project ideas and helpful guides to doing their project ideas.

Also, check out CKI's Service Partner, America's Promise at www.americaspromise.org.



News from the Clubs

(Sorry, this one didn't make it into last month's newsletter.)



Central Washington University

CWU has been EXTREMELY BUSY this past month and will stay busy until June! In the beginning of April our Kiwanis and faculty advisors organized a very productive officer training day. It was very useful and we had a blast. We had a successful membership drive where we gave out cookies to those that were interested in our club. We also did a change drive in three of our residence halls for Relay for Life. We made a whopping \$300!!! In the first week of May we had our induction dinner with a speaker, Deng, about his life in the Sudan and his journey to the USA. Many members baked wonderful desserts that we auctioned off and made \$100 that we send to our adopted child, Zi, in China. Last week we were represented by 5 members at CWU's Wildcat Madness Competition, where we took 3rd. This upcoming weekend we will have many members participating in a campus cleanup competition. Along with all this we have been volunteering with events on campus and at a recycling center in town. We are busy getting our Relay for Life team together and designing t-shirts for team members. Wish us luck!

Pictures from Key-Leader

(April 15-17, 2005)



Columbia Circle Kers who attended: Front Row: Jamie Freeman, Uofl (first from left), Secilia Garcia, CWU (fifth from left), Second Row: Marie Freeman, Uofl (second from left), Nichole Montambo, LCSC (third from left), Third Row: Jessie Telecky, LCSC (third from left), Laura McInnes, WSU (sixth from left), Carrie Johnson, Uofl (tenth from left), Fourth Row: Mark Farmer, Uofl (first from right).

