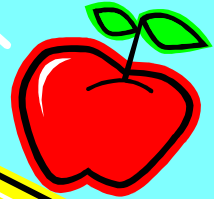


Le Petit Journal



**-Rainier-Capital Division Newsletter-
Distributed by Pauline Seng**

Proudly serving Garrett Heyns Education Center,
Pacific Lutheran University, Saint Martin's University,
& University of Puget Sound

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-Back-to-School Issue!-

Greetings Rain-Cap Circle Ker's!

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*"To give real service
you must add
something which
cannot be bought or
measured with
money, and that is
sincerity and
integrity."
- Douglas Adams*

I hope that all of you have had a wonderful summer vacation! Unfortunately summer is winding down and it's time to start thinking about getting back to school. That means that it's time for another school year filled with exciting CKI service projects and events. I hope that you all have already started planning for this upcoming school year. I will be contacting all of the club officers shortly to assist with planning and answering any question you may have. I also will be making club visitations during September so I look forward to meeting you soon!

The beginning of the school year is the perfect time to recruit new CKI members. There are new incoming freshmen and returning students who are looking for extracurricular activities to participate in. I feel that the most effective way to market CKI is by using word-of-mouth. Make sure that your returning members are telling all of their peers about how wonderful Circle K is.

Our first **divisional rally** and division council meeting will be held **Saturday, September 30th @ PLU**. We will be doing a service project in the morning and then having a BBQ lunch together. Directions and more information will be sent out soon! This is your chance to meet other Rain-Cap Circle Ker's! Please help us further strengthen our division and plan on being there!

In friendship and service,



Pauline S. Seng



What I've been up to this summer...

Governor Darren and me thanking Kiwanis for sending us to Leadershape



Passing out donated school supplies and money to elementary school students in the countryside of Cambodia

Group picture of PNW ICON attendees after closing session



I attended the Leadershape Institute in Bradford Woods in Indiana during May. I was able to share information and learn from other Circle Ker's in other districts. We helped strengthened and critique each other's vision. During my stay in Asia this summer I managed to do some humanitarian work in the countryside of Cambodia. I've also enjoyed representing us during International Convention in Boston, MA this past week. I hope that all of you make an effort to attend ICON next year because it will be held in the PNW district in Portland, OR!

*"I know of no great men except those who have rendered great service to the human race."
-Voltaire*

An UPDATE on our division...

As of July the Rain-Cap division has recorded a total of **1102.5** service hours!
(This is not including Garrett Heyns' hours.)

That's a little over 20% of our divisional goal!

Keep in mind that our goal for this term is 5,500 service hours.

Also, don't forget that we want **12%** of our service hours to be related to the **District Project**.

The District Project *WE ARE ONE* information can be found on this webpage:

<http://www.pnwcirclek.org/pn/index.php?module=ContentExpress&func=display&ceid=8>
or please ask our very own District Project Chair Crystal Sali for more information!

Keep up the extraordinary work! 😊

More UPDATE & REMINDERS...

On the otherhand, I think that it is a little sad that we only have **one recorded interclub** for the whole division.

Refresh your memory about interclubs:

Interclub- The act of visiting another club within the Kiwanis Family for a meeting or service project, or having been visited by another Kiwanis family club during a service project.

*Clubs with 20 paid members or less needs 2 people to attend for interclub status

*Clubs with 21-30 paid members needs 3 people to attend

*Clubs with over 30 members needs 4 people to attend

(Please e-mail our district secretary Theresa Larson if you are ever unsure.)

Since it is the beginning of the school year it would be a great idea to visit your sponsoring Kiwanis club and share your plans for the upcoming school year.

Remember we want to work on strengthening our K-family relationships!

In addition, please don't forget to make **PNW POST SUBMISSIONS** about all of the wonderful projects that our clubs are doing!

Officers, please keep submitting your monthly reports on time!
I appreciate all of your hard work a lot! You are all great! 😊

CKI Service Initiative

This year's theme is: **"Turn off TV, Turn on to Life"**

Circle K'ers are called upon to help young children use their time wisely with the "Turn off TV, Turn on to Life" service initiative that kicks off April 1.

The program challenges Circle K clubs to provide children with after-school programs to get them off the streets and away from the TV. Some ideas include staging extracurricular activities such as sports, anti-violence and anti-drug campaigns, or even homework help. Circle K clubs can work with students in an already established after-school program, or initiate a program of their own.
(-Taken from the CKI Service Initiative webpage-)

The Service Initiative manual can be found at:
<http://www.circlek.org/circlek/lit/05ckisim.pdf>



*"Remember that the happiest people are not those getting more, but those giving more."
-H. Jackson Brown, Jr.*

-S3-

4th Annual Saturday of Service in Seattle!
October 13th-15th

For those of you unfamiliar with S3, it's a weekend of service here in Seattle that's proudly hosted by the Snoqualmie Division. You can expect loads of service projects, time to explore the city of Seattle, getting to know your fellow Circle K'ers, and more!

If you'd like more information please contact the S3 chair Helen Mak at helenym@gmail.com!

Let's recruit some members!

The beginning of your school year is when you should be making plans to achieve your goals that your clubs set last spring at RLTC. One of the most important things to work on is recruiting new members and making sure that old members return. This is when you should put your club's marketing/public relations chair to good use. Club board members shouldn't do all of the work alone! Enlist the help of returning members. Your lieutenant governor is also willing to help out with anything you'd like me to do. ☺

The first step is to attract potential members. Set up a table at your school's activities fair. It may be helpful to give away some free goodies or setup some sort of game with prizes for entertainment. For example, at UPS every year we receive some help from our Kiwanis to recruit members. They loan us a cotton candy machine and thus, we're able to give away free cotton candy at our booth. It's a great way to attract students. Don't forget to make sure that your display is attractive and also informative. Most importantly don't forget to have your club meeting times and information about CKI at your booth.

Everyone loves to use fliers to advertise their first meeting. Be creative with your posters and make them stand out from the rest by using colored paper or colored pictures. Don't forget to plaster them with CKI logos which can be found on the CKI website (www.circlek.org). Another wonderful way of mass advertising is to use chalk on the walkways (but unfortunately it rains a lot in the PNW so your work of chalk might wash away). You can also advertise using your school radio or newspaper or school activities calendar. Be imaginative!

Once you got them attending your meetings you must make sure that they return. Make your first meeting fun and informative. It's your chance to make your first impression. Play some of those infamous icebreakers, have some treats at your meeting, and don't forget to share with them the wonderful service that your club does for others. No one wants to join something that is boring and not worthwhile. You know the students at your school best so you should know what works best.

Seek always to do some good somewhere. You must give some time to your fellow man. For remember, you don't live in a world all your own.

-Albert Schweitzer

Membership goals set during RLTC

Garrett Heyns

25 members

PLU

40 members

SMU

25 members

UPS

45 members

Some helpful resources:

*PNW Membership Handbook

(provided by our district Membership Development and Education Chair Cale Middleton):

<http://www.pnwcirclek.org/pn/modules.php?op=modload&name=Downloads&file=index&eq=getit&lid=310>

*Membership development forms provided by Circle K International:

<http://www.circlek.org/circlek/lit/default.asp?cat=Membership%20Development>

*Back to school materials on the CKI website:

<http://www.circlek.org/circlek/resources/club/btsmaterials.asp>

Tomorrow Fund Grant

The Tomorrow Fund is an endowed fund for Circle K International held within the Kiwanis International Foundation. This fund, utilizing the interest earned, helps Circle K Clubs and Districts serve the world through grants for service opportunities. The fund is established through a portion of your Circle K Club International dues, through direct donations, through the donation of Carthage-Pullman Society Memberships, and through the donation of Sapphire Circle Honoraries.

Tomorrow Fund grants can help you take action. Look around and identify the things that need to get done on your campus, in your community and in your world. Circle K Clubs and Districts can now apply for grant funds to support varied service projects.
(-Taken from the CKI Tomorrow Fund webpage-)

The Tomorrow Fund application can be downloaded from the CKI website: <http://www.circlek.org/circlek/lit/application.pdf>

The deadline for applications is July 15th!



Seattle Pacific University of PNW was a recipient of a Tomorrow Fund grant this year!



Pierce County AIDS Foundation
AIDS WALK
"25 years. 15 walks. Thousands of lives."

This year marks the 25th anniversary of the first reported cases of AIDS. Since then, AIDS has devastated entire generations in many different communities.

Globally, over 25 million people have died of the disease, and an estimated 40.3 million are currently living with it.

In this county, HIV/AIDS is increasingly affecting youth, women and communities of color.

In Washington State, Pierce Count continues to face the second highest incidence of AIDS with the fastest rate of new infections.

(-Taken from the Pierce County AIDS WALK brochure-)

This year's walk takes place:
Saturday, September 9, 2006
@ the University of Washington, Tacoma
from 9:00am to 12:00pm

Consciously or unconsciously, every one of us does render some service or another. If we cultivate the habit of doing this service deliberately, our desire for service will steadily grow stronger, and it will make not only for our own happiness, but that of the world at large."
-Mahatma Ghandi

To register go to: www.piercecountyAIDS.org or to volunteer call (253) 383-2565

Answers to last issue's petit jeu:

9	6	3	1	7	4	2	5	8
1	7	8	3	2	5	6	4	9
2	5	4	6	8	9	7	3	1
8	2	1	4	3	7	5	9	6
4	9	6	8	5	2	3	1	7
7	3	5	9	6	1	8	2	4
5	8	9	7	1	3	4	6	2
3	1	7	2	4	6	9	8	5
6	4	2	5	9	8	1	7	3

Un petit jeu

Can you guess the product being sold according to these slogans/jingles?

1. "I'm lovin' it!"
2. "Just do it."
3. "They're grrrreat!"
4. "Because I'm worth it."
5. "Can you hear me now?? Good."
6. "Live in your world, play in ours."
7. "Have it your way."
8. "The Quilted Quicker Picker-Upper..."
9. "Snap, Crackle, Pop..."
10. "And America spells cheese..."
11. "When it rains, it pours."
12. [pokes tummy] "Whoo-hoo!"

Answers will be presented in the next issue of Le Petit Journal.

Best wishes for the 2006-2007 school year!



If you need help with anything please do not hesitate to ask me or your respective district officers and board members. We are all here to help you! If you need contact information of any district board member please visit:

<http://www.pnwcirclek.org/pn/modules.php?op=modload&name=PostWrap&file=index&page=contactinfo>

PLEASE FEEL FREE TO CONTACT ME!

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